Confident Conversations: Discussing End-of- Life Health Care Issues

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Why is this important?

How is being confident in this conversation a gift?

Advanced Care Planning for Health Care Decisions

- When to begin planning
- How to begin the conversation

ADVANCE HEALTH CARE DIRECTIVE

INSTRUCTIONS

Part 1 of this form lets you name another individual as agent to make health care decisions become incapable of making your own decisions, or if you want someone else to make those you now even though you are still capable. You may also name an alternate agent to act for choice is not willing, able, or reasonably available to make documents for you.

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form, your agent will have the not

Gold Any care, treatment, service, or process or maintain, discondition

Select and institutions.

- 3. Approve or disapprove diagnostic to cal procedures, and pro. | fmedia
- Direct the prevision, withholding, or withdray
 of health care, including cardiopulmonary result.

What is an Advanced Directive?

- It is a legal document explaining your choices for medical services if you cannot make the decision yourself
- Different types of Advanced Directives:
 - Living Will
 - Durable Power of Attorney for Health Care Decisions
 - TPOPP/POLST



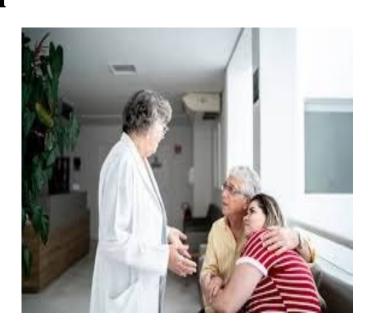
Life-sustaining Treatment Decisions

- Intubation
- Chest Compressions
- IV Hydration & Nutrition
- DNR vs. AND (Allow Natural Death)
- Stopping Treatment (dialysis, chemo)



How can the lack of this information impact the family?

- Indecision & avoidance
- Prolong symptoms
- Miss out on meaningful moments
- Family conflict
- Financial burden
- Increased fear and anxiety





Resources to help with having confident conversations:

- Caring Conversations
 <u>www.practicalbioethics.org/featured-resources/caring-conversations/</u>
- Five Wishes <u>www.fivewishes.org</u>
- Transportable Physician Orders for Patient Preferences (TPOPP/POLST)
 - www.practicalbioethics.org/programs
- Advanced Directive Form <u>www.caringinfo.org/planning/advance-directives/by-state/</u>



Pre-planning Funeral Arrangements

- Pre-pay services
- Type of service desired
- Organ donor
- Donation for medical Research
- Obituary







Confident Conversations are Important Gifts

- Makes your wishes or your loved ones wishes know
- Reduces conflict
- Leaves room for what matters most

Questions?

Additional Resources and Presentation

KCHospice.org/confidentconversations

